



"Pocket" Drug List - 2007

Dear Member,

The **"Pocket" Drug List** is a continuously reviewed list of prescription medications that best represents the current clinical judgment of our providers and other experts in the diagnosis and treatment of different diseases. The full drug list contains additional prescribing and clinical information that assists in promoting the highest quality affordable care to you, our patient. This single sheet with perforated punch-out cards identifies which drugs your physician or pharmacist should prescribe when ordering your prescription medications through our program. Simply punch these cards out to carry with you and present to your physician when a prescription is being prescribed.

To simplify your use of the "pocket" drug list, the preferred drug products below are listed by clinical category. *Note that only a few clinical categories require use of a preferred drug – most other categories not listed below do not generally differentiate preferred vs. non-preferred drugs and are usually offered to you at your lower brand copay with some exceptions. **Covered generic drugs are given preferred status and will be dispensed whenever possible regardless of the clinical category.** All strengths of a drug listed on the "Pocket" Drug List are considered preferred unless specified although your specific pharmacy benefit plan option may impose restrictions or choose not to cover some products listed.*

The listing on the next panel provides the clinical category, class and preferred drug(s) within each class. Note that two small "Pocket" Formulary cards have been included in the third panel for your convenience to punch out and carry in your wallet as necessary.

If you need additional cards, please contact your benefits office or the Call Center at 800-699-3542.

For a complete list of all changes, please visit our website at www.echp.com/medrx.

CLINICAL CATEGORY	DRUG CLASS	PREFERRED DRUG
ADD/ADHD Agents	ADD / ADHD	Metadate CD, Strattera
Alzheimers Agents	All Agents	Aricept, Exelon, Namenda
Antibiotics	Quinolones / Penicillins Cephalosporins Macrolides/Ketolides Ear Antibiotics All Other Classes	Avelox, Cipro XR, Levaquin / GEN Cedax, Cefzil, Lorabid, Spectracef Zithromax, Ketek CiproDex, Floxin OTIC PHYSICIAN'S DISCRETION
Anti-Depressants	SSRI / Other Classes	Lexapro
Anti-Diabetic Agents	Insulins Oral Anti-Diabetics Monitors, Strips & Kits	Humulin, Humalog, Lantus Amaryl, Prandin, Starlix, Fortamet Accucheck, Prestige/TrueTrack
Anti-Inflammatories	NSAIDs/COX-II Agents	Mobic / Bextra, Celebrex
Anti-Migraine	Triptans	Maxalt/MLT, Relpax, Zomig/ZMT
Anti-Parkinsons	All Classes	Comtan, Mirapex Requip, Stalevo
Cardiovascular Agents	ACE Inhibitors ARBs (including HCTZ) CCB / ARB-CCB Combos Statins / Lipid Reduction Statin-CCB Combo	Accupril, Aceon, Univasc, Uniretic Hyzaar/Cozaar, Atacand, Benicar Norvasc, Verelan PM / Lotrel, Toprol XL Crestor / Welchol, Zetia, Caduet
Gastrointestinals	Anti-Ulcer Proton Pump Inhibitors	OTC Prilosec
HRT Agents	Estrogens Progestins	Premarin Family, Climara Pro Nuvaring, Estraderm, Vivelle DOT / Prometrium
Ophthalmics	Antibiotics Glaucoma Antihistamines Mast Cell Stabilizers Anti-Inflammatories / Other	Quixin, Vigamox Betimol, Cosopt/Trusopt, Travatan, Xalatan Optivar, Patanol, Zaditor Alamast Alrex / Lotemax, Voltaren
Osteoporosis	All Classes	Fosamax, Evista / Miacalcin
Oral Contraceptives	O/C Packs	Brevicon, Norinyl, Nor-Q-D, Yasmin, Tri-Norinyl, Estrostep
Psychotropics	Anti-Psychotics (Atypicals)	Seroquel, Risperdal
Respiratory Agents	Non-Sedating Nasal Allergic Rhinitis Inhalers (Asthma) Oral Asthma, COPD & Others	OTC Loratadine, Allegra/D, Zyrtec/D Astelin, Nasacort AQ, Nasonex, Rhinocort AQ, Flovent, Pulmicort, Qvar, Atrovent, Combivent , Proventil, Foradil, Serevent, Singulair, Spiriva, Entocort EC
Sedatives	Sleeping Agents	Sonata
Topical Skin Agents	Immunosuppressant Anti-Fungal	Elidel OTC Agents, Lamisil
Urologicals	Benign Prostate Hyperplasia Overactive Bladder	Flomax, Proscar Detrol LA, Oxytrol

Please punch out the cards at right to keep in your wallet and show to your physician as necessary upon getting a written prescription.

Call Center: 800-699-3542

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Anti-Diabetic Agents	Insulins Oral Anti-Diabetics Monitors, Strips & Kits	Humulin, Humalog, Lantus Amaryl, Prandin, Starlix, Fortamet Accucheck, Prestige/TrueTrack
Anti-Inflammatory	NSAIDs/COX-II Agents	Mobic / Bextra, Celebrex
Anti-Migraine	Triptans	Maxalt/MLT, Relpax, Zomig/ZMT
Anti-Parkinsons	All Classes	Comtan, Mirapex / Requip, Stalevo
USE GENERICS WHENEVER POSSIBLE		

Cardiovascular Agents	ACE Inhibitors ARBs (including HCTZ) CCB / ARB-CCB Combos Statins / Lipid Reduction Statin-CCB Combo	Accupril, Aceon, Univasc, Uniretic Hyzaar/Cozaar, Atacand, Benicar Norvasc, Verelan PM / Lotrel, Toprol XL Crestor / Welchol, Zetia, Caduet
Gastrointestinals	Anti-Ulcer / PPI	OTC Prilosec
HRT Agents	Estrogens Progestins	Premarin Family, Climara Pro, Nuvaring Estraderm, Vivelle DOT / Prometrium
Ophthalmics	Antibiotics Glaucoma Antihistamines Mast Cell Stabilizers Anti-Inflammatories / Other	Quixin, Vigamox Betimol, Cosopt/Trusopt, Travatan, Xalatan Optivar, Patanol, Zaditor Alamast Alrex / Lotemax, Voltaren
Osteoporosis	All Classes	Fosamax, Evista / Miacalcin

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This Pocket Formulary list is subject to change. Please visit www.echp.com/medrx to print this most up-to-date document.

For additional punch-out cards, please contact your benefits office or the Call Center at 800-699-3542.

2007
Pocket Formulary
Your Clinically Preferred
Drug List

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Oral Contraceptives	O/C Packs	Brevicon, Norinyl, Yasmin, Tri-Norinyl, Estrostep, Nor-Q-D
Psychotropics	Anti-Psychotics (Atypicals)	Seroquel, Risperdal
Respiratory Agents	Non-Sedating Nasal Allergic Rhinitis Inhalers (Asthma) Oral Asthma, COPD & Others	OTC Loratadine, Allegra/D, Zyrtec/D Astelin, Nasacort, Nasonex, Rhinocort AQ, Flovent, Pulmicort, QVar Atrovent, Combivent, Proventil, Foradil, Serevent, Singulair, Spiriva, Entocort EC
Sedatives	Sleeping Agents	Sonata
Topical Skin Agents	Immunosuppressant Anti-Fungal	Elidel OTC Agents, Lamisil
Urologicals	Benign Prostate Hyperplasia Overactive Bladder	Flomax, Proscar Detrol LA, Oxytrol
USE GENERICS WHENEVER POSSIBLE		

PLAN BENEFIT DESIGN MAY OVERRIDE FORMULARY COVERAGE

NOTE: Generic products are always preferred for dispensing if allowed by the plan's benefit design. If you have any questions, please contact:

Call Center: 800-699-3542 Mail Service: 800-662-0586

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